LIFE CHANGING HEALTH EDUCATION



Partner of UNESCO Chair Global Health & Education



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INTRODUCTION

2021 was a year of extraordinary happenings. While learning to adapt to the new norm of the Covid-19 pandemic that started in 2020, the health promoters were able to fine-tune their project implementation method to suit the current public health situation of the world. Unlike in the past, online webinars and social media messaging have become common place. We have reviewed the rationale for our intervention, streamlined our programs to focus on the essential health needs of our target communities, restructured our governance system, and formed new partnerships with role players who would otherwise never be thought of as potential partners, with the sole aim of assisting these communities navigate the pandemic situation successfully. It has also been critical for our organization to take a second look at its short-term and long-term strategic plans to be in line with the realities of the current situation. Below is a synoptic report of what we currently represent in the healthcare domain of the local communities and the activities we carried out in the year ending March 2022.

What we do

We educate people of all age groups in the socio-economically under-served communities of Cape town and surrounds about practical ways to prevent the common diseases that they encounter in their daily lives, and to take control of their wellbeing, through our course known as the Basic Health Education a.k.a. BHE. We do this without any financial costs to the participants. In other words, our course is free-of-charge. However, throughout the years, our target communities have learnt to appreciate the service that we bring to their doorsteps and have been contributing in kind as they seek to ensure community ownership of the project, for the sole purpose of continuity and sustainability.



Why we do this

It can no longer be argued that South Africa has a health crisis, thanks to the advent of the corona virus. This problem is especially visible in the peri-urban and rural 'vulnerable' communities. Research shows that the crisis is mostly due to overburdened healthcare facilities, as the number of clinics and hospitals are too few to cater for the many millions who live in these areas. (ICUs could not contain the number of critical covid cases that needed intensive care).

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Poverty and unemployment have not made this problem any better. Current statistics show that about 35.3 % of South Africans (about 7.9 million people) are unemployed, a situation that has been worsened by the pandemic. Most of this population is women. The latter particularly often have under-developed literacy skills, low levels of self-worth, as well as feelings of helplessness, alienation, and disempowerment. Recent statistics confirm this crisis, as deaths from both communicable and non-communicable diseases are increasing each year in South Africa. And sadly, under five-year-old children's deaths from diarrhea in South Africa is estimated at 20% of all yearly deaths (most diarrhea deaths are preventable. Crime, substance abuse and violence also contribute to the health crisis. For instance, the current rate of gender-based violence in SA is a crisis of its own that require robust interventional strategies to curb. The Health Promoters are gradually exploring this territory.



Ilt is important to note here that evidence exists that our health education workshops does empower our attendees to understand their health context better, and by so doing make informed decisions about their health and wellbeing. The case is therefore different with our regular clients as regards the above-mentioned issues. Our workshops have successfully helped in breaking the nexus between ill-health and poverty amongst our regular participants.

Who do we teach?

Demographically, our major target population are mostly unemployed, uneducated women and men, as well as children living in 'vulnerable' communities. Working aged women constitute our highest number of attendees. Also, a good proportion of our participants are care givers at Creches, hence the HP@Crèche program mentioned below.



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What we teach

The BHE course is the means through which we reach these communities. The curriculum of this course is devised to educate people in all the essentials of healthy lifestyle practices, as well as teaching how to prevent and manage the major infectious and lifestyle diseases in culturally appropriate ways. This is done using the approach of the concept of SALUTOGENESIS. The entire wellbeing and wellness of the individual and community is considered, rather than attending to specific diseases and health problems in isolation. Our course contains twelve compulsory workshops, and ten elective workshops that are taught in interactive, practical, and fun ways, bearing in mind the importance of cultural competence. We use PowerPoint presentations and focused groups. Our attendees receive a "Certificate of Completion" once they complete the lessons. Though there is a fundamental problem of attrition which is mainly due to the instability in the lives of our attendees, the majority do stick around till the end of the course. Further, The mental health issues provoked by the covid virus has had us exploring the possibility of integrating mental health, full-scale into our curriculum.

The teacher of the course

We call our facilitators Senior Health Promoters (SHPs). They live in the communities they serve, as research shows that people learn better from, and identify better with, teachers who live in their communities. Our Health Promoters are extensively trained in health knowledge, teaching, and management skills. They receive ongoing professional support and training at least twice a month in what we call Trainers Capacity Building (TCB). They also receive regular expert on-site support from a teaching and a management point of view.







STATEMENT FROM OUR CEO

The importance of health education in these pandemic times cannot be overemphasized. As an organization, we are proud to say that we made the right decision to have engaged in such a vitally important initiative that is playing a key role today in bridging the public health gaps in "vulnerable" communities.

The Corona virus and its co-morbidities

The arrival of the corona virus did cause a tremendous shift in the way we tackle health education since 2020. This has been principally due the emergence of healthcare gaps that were discovered as the pandemic unfolds. We have therefore decided to approach the health problems faced by our target communities from a holistic perspective, instead of in isolation like in the past. For example, the virus and its biopsychosocial effects to individual and community health is at the core of our workshops currently. Be it HIV/AIDS, CARDIO-VASCULAR DISEASE, TB or CANCER that is being discussed, a comprehensive approach is used which shows the risk of the virus impacting these latter diseases in the body at once (a case in point is long Covid), and how critical it is to understand this risk. The virus has been found to not only affect all other bodily diseases in more ways than earlier thought but can simultaneously have devastating psychological aftermaths in the patient (research shows there is increased risk of traumatic stress in both Covid and non-Covid patients with the former suffering worsening effects).

Further professionalization

By the end of 2021 we had designed a pedagogic model which enables us to have more meaningful and relevant discussions with our target groups about both the communicable and non-communicable diseases that they encounter in their communities and practical ways to combat them. This has been with outstanding results.

Aside from a change in the way we now teach, we have been able to scale our productivity to meet rising demand. While sister charities shut down due to lack of activities caused by the lockdowns (we are sad about this because every charity counts), the health promoters

instead have their work cut out for them. Our participants keep flooding our social media platforms during strict lockdowns, and attending our workshops physically in large numbers, in times when the restrictions have been seriously relaxed just to obtain the critical information they so badly need.



Structurally, we have decided to maintain our presence in our current host communities, but impact thresholds even farther, instead of spreading our tentacles (opening new centers) randomly into many different communities at once with no capacity to sustain them.

This is strategically important as we realized the plans to extend to more communities in terms of physical centers will not be sustainable amid the challenging pandemic circumstances. We have instead had clients travel far and wide to attend classes in the four host townships and have been able to reach them even more via online platforms. Presently, we only exist in Mapoteng, Lesotho, outside Cape town. We hope to spread physically to more South African cities as the pandemic situation improves.

Health information is a necessity

Obtaining critical health information is no longer an option in the present times; it is a necessity. The number of interested participants who are put on a waiting list have skyrocketed to sometimes 2500 people on average in all the townships in which we are based. The demand for our service has certainly exceeded supply since we can only deal with so many people at a time, because of the size of our workforce. However, we have as one of our yearly project plans for 2022 to increase staff base.

Thanks to the corona virus, we can confidently say not only have we become a key role player in the community health of our target communities, but we can also without doubt be pivotal in changing the face of health promotion in South Africa. Research shows that health education is the future of primary health care and wellness.



A special thank you goes to our funders: Deurenservice Nederland, Hoffland, Exotics for you, Itanks, Glowal Forwarding, Schipper Accountants, Verwater Group. Schenk BV, Masset Solutions, Hugo Lens Optiek A&M Receicling, Haëlla Stichting, Sting Jong, Stichting Casterenshoeve, , Spie, Xtra Material, Africain Wines, Golfclub Kleiburg to name just a few, and of course the many private donors, friends, and supporters.

And, finally, I "take my hat off" the wonderful team of highly enthusiastic men and women in the Health Promoters Team who all put their hands of deck to implement the 2021 project plan.

Conclusion:

The public health situation of today has proven us right to have engaged in basic health education years ago. Our vision was on point, and through meticulous strategic planning and a dedicated team of Health Promoters we have created a model that is bridging the gap between rehabilitative and curative care in our target communities. Our organization firmly believes that health education is a human right and because of our strong stance on this belief, we would go the extra mile to make sure the local populations have access to basic health and hygiene knowledge. With the partnerships and collaborations that we have cultivated during this unique intervention, especially in the last three years, we envisage communities in which preventable diseases will be a thing of the past.

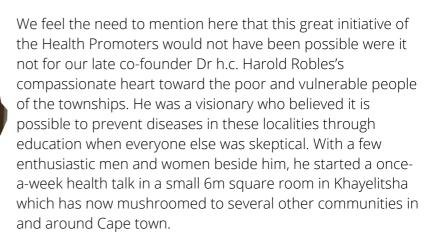






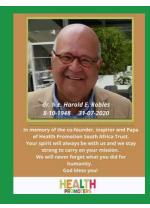
ACKNOWLEDGING OUR LATE CO-FOUNDER-





May he continue to rest in peace! To honor Dr h.c. Robles, we have his photo frames hanging in all our HICs so our clients could see who made possible this learning opportunity. We also have a tradition of mentioning Harold's name at the start of every course to let our clients know thanks to whom they are getting such an important learning experience free-of-charge

The text and picture in our center's:
In memory of the co-founder, inspirer, and Papa of Health
Promotion South Africa Trust. Your spirit will always be
with us and we stay strong to carry on your mission. We
will never forget what you did for humanity.
God bless you!









TRAINING AND STATISTICS 2021 SOUTH AFRICA

			4				
Months	2021 March	2021 April	2021 May	2021 June	2021 July	2021 August	2021 Sept
Nr. of people trained							
Adults	430	598	570	608	700	613	541
Children/Teens	67	44	40	35	31	28	40
Random outreach	20	25	31	40	20	19	11
Total	517	667	641	683	751	660	592
Overall total							4511
Nr. of Worksops	15	24	20	26	32	25	23
Months cont'd 202	1 Oct	2021 Nov	2021 Dec	2022 Jan	2022 Feb		
Nr. of people trained							
Adults	315	300	NA	222	413		
Children and Teens	16	21	NA	NA	50		
Random outreach	NA	NA	NA	NA	29		
Total	331	321		222	492		
Overall total							1366
Nr.of workshops	10	10		7	13		

The Health Promoters adopted a new way of capturing data and recording statistics during the pandemic. Formerly we made a headcount of individuals who randomly attended our health lectures and campaigns, regardless of the setting. However, because of the critical need for measurement and evaluation to determine exactly what our clients learn, what they understand and exactly what impact our intervention causes in their lives, we now only count the individuals who attend actual sitting workshops and complete our BHE course, or at least complete some of the essential topics in our course(participants are allowed to attend single modules which they have personal interest in without necessarily attending all the workshops in the course). Using this approach, we were able to reach 5877 people in the year ending February 2022, in our targeted communities and surrounding areas. This number also includes those reached through our pilot project in Lesotho. As we strategize to spread our tentacles in other areas within South Africa with the easing of the COVID-19 lockdowns, we hope to double this number in the nearest future



2020-2021 HEALTH EDUCATION PROGRAMS

In the year 2021, we were forced to concentrate on two programs specifically, namely, the HP@Community and HP@Creche programs. Some of our programs like the HP@School could not be given the attention they deserve because of the intensity of the COVID-19 pandemic and the subsequent lockdowns. There is however a light at the end of the tunnel for these programs as the pandemic situation gradually improves. We are currently redesigning the affected programs this year to catch up with lost time and opportunity. All our "life-changing health education" programs are conducted in the various communities we serve, which are the communities in the peri-urban areas around Cape town and plus-minus 25km radius. Each of our HICs function as a base for our Health Promoters to operate from, in the surrounding communities. Many of the people we serve are not usually well-educated and employed and often come from extremely poor homes, so our intervention is truly relevant in their localities. The operations in each HIC vary. Though the common health issues of our targeted communities are the same, there are slight variations in the endemic ones across communities. Some localities have for example HIV/AIDS and its comorbidities as leading issue while others have problems like substance abuse at the center of their health challenges. We would therefore approach the community according to its major health problem.

HP@Community:

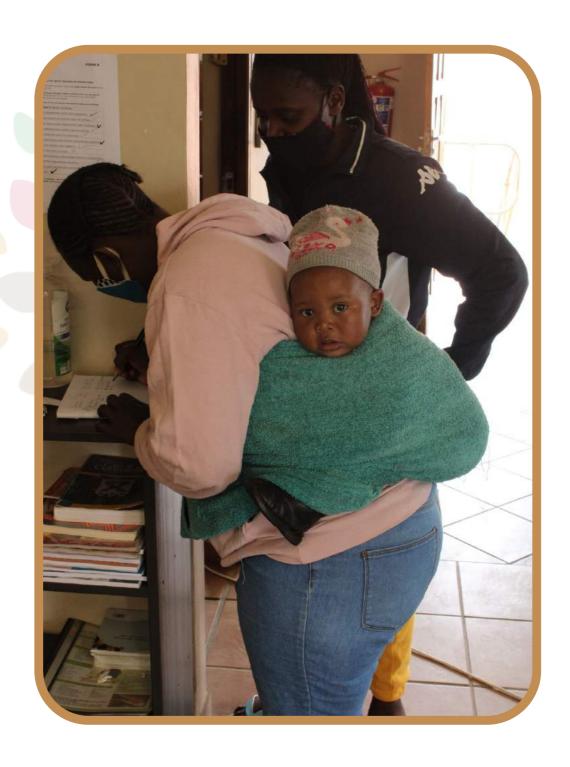
The name of this program may sound tautological seeing that we operate in communities anyway, however, it is just the best name that we could find in the process of naming our individual programs called the HP@ programs. The HP@Community is the program through which we reach most of our clients and is equally the only program whose workshops contain attendees of both genders and people of mostly early adulthood and Middle Ages. All the endemic communicable and non-communicable diseases that affect these communities are taught in-depth in the HP@Community sessions with special emphasis on their linkage to each other and their impact on daily living. With expert input, we also teach the participants of this program highly innovative ways to prevent diseases and attain holistic wellness. An interesting development in the past year has been the progressive increase of male attendees in the HP@Community program. We are really encouraged by this new trend because it was discovered in 2019 through a survey that our female attendees are struggling to implement our lessons due to non-cooperation from their spouses and male partners who have no clue about health because of having never attended our workshops. We hope to see a drastic change in the application of our training in households as a result of these developments. 10



2020-2021 HEALTH EDUCATION PROGRAMS

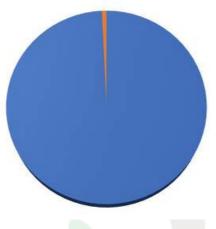
HP@Crèche:

We do not directly teach the kids from the Creches but have successfully liaised with these institutions to make available their teachers and care givers to attend from time to time, our HP@Community workshops. In special sessions at our HIC they will be encouraged to take special interest in subjects that directly affect children in their care such as, Diarrhea, Household hygiene, Healthy eating, Mother-to-child transmission of HIV, First aid, Skin diseases, Environmental health hazards, Child neglect and abuse, etc. There is evidence of lowered prevalence of gastroenteritis, for instance, in the Creches whose teachers attend our workshops regularly. We intend to increase the number of Creches we reach in 2022.



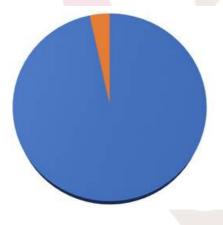
SYNOPTIC FINANCIAL REPORT 2021/22

INCOME 2021/2022 Donation Income and Interest



- Donation Income Mar'21 Feb'22 (ZAR 871,716.84) €51,598,=
- Interest Received Mar'21 Feb'22 (ZAR 6,735.57) € 398,69





- Basic Health Education Mar'21 -Feb'22 (ZAR -879,025.72) € 52,031,=
- Brand Awareness/Marketing
 Mar'21 Feb'22 (ZAR -31,088.48)
 € 1840,18

The 2021-2022 audit report from South Africa will soon be on our website on the page www.healthpromotersinternational.com



THE TEAM IN THE FIELD OF SOUTH AFRICA

Our senior Health Promoters are people from the townships who speak the local language and can properly explain to the township residents what is important for their health. Among our clients, we look for what we called "pearls" whom we groom to become Senior Health Promoters. While with us they earn an income for their input which makes a huge difference in their living standards in these communities. Our health promoters are without doubt very important in the implementation of the project, and we are extremely grateful that they have continued to have remained consistent in their role in the organization after the uncertain period that followed the passing away of our co-founder. Together are building a bright future for our local communities.



Amenda Mfenyana Senior Health Promoter



X<mark>olisw</mark>a Mhobo Senior Health Promoter



Vu<mark>ge</mark>lwa Mgidi Senior Health Promoter



Mivuyo Thisani Assistent Health Promoter



Nokwanda Mashiyi Assistent Health Promoter



Loretta Skeef
Senior Health Promoter



Koliwe Booi Assistent Health Promoter



Yoliswa Mbombo Senior Health Promoter

LESOTHO PROJECT

We are at advance stage of training of Senior Health Promoters in Lesotho. Soon, they will successfully complete their training. In 2019, we started a pilot which was later stalled for reasons beyond our control. After a period of random trainings, of the community at large, we finally found our "pearls", and are now at the point of completing the training of four candidates as our Senior Health Promoters of this project. This has been possible because of the relentless effort of project leader, Mrs. Gloria Sefuthi and her team. The Management team of Health Promoters International holds a meeting every three months with Mrs. Sefuthi and her team in Lesotho to discuss the progress of the project.



Gloria Sefuthi Head MACHP Facilitators



Th<mark>oloan</mark>a Kamohelo MACHP Facilitators



Nkuehali Mepha Senior HP Trainee



Makhahliso Mosebo Senior HP Trainee



Motselisi Kali Senior HP Trainee



Malillo Ntabanyane Senior HP Trainee



HPSA ORGANOGRAM/GOVERNANCE STRUCTURE

International advisory board

Menno Holterman Patricia Steur Koert Jan de Bruijn Kathleen Ferrier

Medial Advisory Committee

Renscha van den Berg Timca Bruggink

Educational Theatre still being developed

Lelethu Zulu Sive Ngewxana Mhangabezi Richard Sibongiseni Wani

Health Promoters Lesotho

Gloria Sefuthi Tholoana Kamohelo Nkuehali Mepha Makhahliso Mosebo Motselisi Kali Malillo Ntabanyane

Governing Board HPSA

Malmsey Rangaka Chair Marlene van der Merwe Secretary Honsijwa Conana Boardmember

Chief executive officer and President

George Arrey

Programm development Officer

Chipo Zininga

Staf Health Promoters SA seniors

Amenda Mfenyana Xoliswa Mhobo Mrs. Vugelwa Mgidi Yoliswa Mbombo Nokwanda Mashiyi Mivuyo Thisani Koliwe Booi Loretta Skeef

Friends of HP Netherlands

Mark Agterdenbosch

Chair

Abdoel Harris

Treaser

Anton Verton

Secretaris

Executive director NL/ manager comm. & marketing Int.

Regina Eggink-Stolk

Friends of HP Australia

Tamara Parker *Chair.*

Friends of HP Caribbean

Abdoel Harris
Interim Chair
Guy Suverkropp
Treasurer
Lyrio Gomez
Secretary
Robert Frans
Boardmember

OUR PARTNERS

UNESCO Chair Global Health & Education new partner of HP South Africa Trust

At the last minutes of 2020, we partnered with UNESCO Chair Global Health Education. Our CEO, George Arrey, is regularly invited to meetings that involve other partners of the Chair to speak about the work and model of the Health Promoters. Our collaboration with UNESCO CHAIR will be pivotal in linking our organization to institutions of higher learning and research, such as universities and colleges around the world. As an entity involved in education, this partnership is crucial for the future.

Goof Buijs from Unesco Chair Global Health & Education: "In 2020, we were still in contact with the cofounder Harold Robles. Fortunately, the contact remained and we entered into a partnership with each other after his death. Sylvia and i have monthly contact with George and Regina and try to connect each other to different networks. Recently, we were able to connect them with a large organisation in the Netherlands and now it is up to Health Promoters and this party to take steps together and enter into a partnership. I am very proud that we have a partnership and I am always impressed how George and his team do their work in the townships under difficult circumstances, especially in the corona period."

For more information about UNESCO Chair, please go to: https://unescochair-ghe.org/



Silvia de Ruiter, Valerie Ivassenko, Didier Jourdan, Goof Buijs.

OUR PARTNERS: JAMBULANI

"We will bring joy"

For a while there had been talks about collaboration between Cobus Moll and Cofounder Harold Robles. A collaboration through which their both entities would be strengthened. In what way that was going to happen, was not clear at the time. **Cobus**: "Unfortunately, the collaboration with Harold did not go any further but now we have big plans"

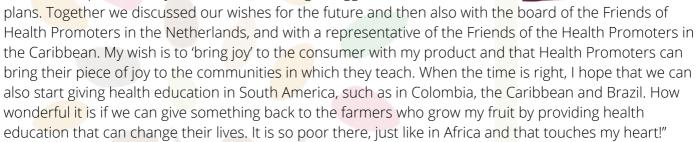


With 'Jabulani on the GO', the healthy freeze-dried fruit snacks that are produced and packaged in Colombia, Cobus intends to conquer the world market. It is a healthy snack that can be kept for 24 months in any temperature. "It is a great product to take anywhere. For example, from the summer to the beach. If you take a bag of the Jabulani banana with you and an ordinary banana in your bag to the beach, at the end of the day, you will see the difference," Cobus laughs. "I am enormously proud of this product and together with the Health Promoters we are going to "bring joy" to the consumers. Afterall, that is the literal meaning of Jabulani. We are going to offer the world a healthy snack and a percentage of the proceeds of this snack) will be donated to the Health Promoters to do their work, and I am very proud of that"

What's touching, in the work of the Health Promoters, in your opinion?

The Health Promoters bring health education to underprivileged areas in South Africa and Lesotho; I'm from Africa myself and my nickname as a child used to be Jabulani. Harold and I have often talked about finding a way to provide health education in other places of the world.







CHANGES WITHIN OUR ORGANIZATION

THANK YOU ELAINE

The challenges posed by the pandemic culminated in the resignation of some of our personnel including our Programs development officer, Mrs. Elaine Harcombe in 2020. Elaine was a prolific social change inspirer who was highly instrumental in transforming the face of our curriculum and training to the professional level it is today. We cannot thank her enough for her role in the years that she was involved with us. We are also thankful that she is still impacting us indirectly through her family in the Netherlands, Andy and Sjoukje. who are our volunteers in that country.



Elaine Harcombe

THANK YOU TO OUR FORMER BOARDMEMBERS IN THE NETHERLANDS

During Harold's life, chairman Jisk Nijdam and treasurer Leo Winkelhorst, assisted him with organizing all Board affairs in the Netherlands. After Harold's death Wouter Bakker and Nelleke Gruijters came on board. Nelleke was allready helping us with the workshops because she is a doctor. In the spring of 2021 this team decided it was time

for the next team to take over. A new team with new ideas and new networks. We thank Jisk, Leo, Nelleke and Wouter for their energy and for looking after the organization well and wish them all the best. Particularly, we would like to mention here that one of the last tasks that Harold wanted to fulfill was to ensure that Mr. Leo Winkelhorst received a royal decoration for all his work for the Health Promoters and for many other causes. With the help of many people and our Health Promoters team, Harold made sure this came to pass after his demise. And on April 26, 2021, Leo finally received the award. The King of the Netherlands was pleased to present this honorable and well-deserved award to Mr. Leo Winkelhorst.



Jisk Nijdam



Leo Winkelhorst



Wouter Bakker



dr. Nelleke Gruijters





Leo Winkelhorst and Harold had a meeting with the ambassador of South Africa.



FOR ALL YOUR ENERGY AND COMMITMENT WE SAY





NEW FACES IN OUR MANAGEMENT TEAM

We are happy that our team is expanding and that people who had to return to the Netherlands because of the pandemic are back in our project. From the Netherlands and South Africa, we are working closely together to manage the daily operations. The management is also in contact with the Friends in Australia and the Caribbean to join forces.



Chipo Zininga Programs development officer

After one and a half years of searching for someone to replace Elaine, mentioned above, Ms. Chipo Zininga came to the scene. She is playing the role of programs development officer, part time. Chipo has a postgraduate degree in HIV/AIDS management and has a background in education. She has been with the organization for a couple of months now and has already made great progress in her field. With her on board, the project will certainly get the expert input it needs in the strategic Chipo planning needed to improve the workshops given daily. She will also strengthen the support structure that our facilitators need to improve productivity.

Regina Eggink-Stolk Manager Communication SA/ Executive director of HP Netherlands

Regina is not new but has been given a different role within the Health Promoters. She lives in the Netherlands, where she worked closely for seven years with co-founder Harold Robles. Together they organized various events, such as Golf4Health, Winter concerts and school projects. Regina is in daily contact with George Arrey our CEO. She collaborates closely with the Friends of the Health Promoters in the Netherlands, and she will do so in the setup of the Caribbean organization.





Felicity Jones Fundraising Consult

Felicity supports the Health Promoters with fundraising strategy. Felicity has a lot of experience in applying for grants at various NGOs. She advises the management team and the board of South Africa about growing strategies and how to improve the organization.

Leslie Fillis

The Health Promoters did hire Mr. Leslie Fillis from Overberg Training and Development Initiative (OTDI) as a local fundraising consultant early this year. This is in line with our long-term strategic plan which warrants us to have a strong local resource mobilization base. Mr. Fillis is highly skilled in this domain and have raised funds for organizations like Heldervalley Community Forum, Le Fut Wines, NAFU Western Cape, just to name a few. With his expertise, we have started entering some local grants that will enable us source funding for the new programs that are yet to be implemented, and expand to other South African cities in the next couple of years.



Our volunteers

After everything is rebuilt after the pandemic, more volunteers come in and back to help the Health Promoters. We welcome a number of new people, people who were already involved with us or were once heavily involved with our organization. It is very nice that we are getting so much support.



Timca Bruggink

Timca Bruggink will help us to update the workshops and continue the research to measure the added value of the Health Promoters. Timca Bruggink studied medicine in Leiden with a specialization in allergology. Timca has worked for 27 years in the hospice. She will be playing her role for the next 3 months and hopefully longer. Also, Dr Renscha van den Berg from Stellenbosch has joined us again after a busy period with Covid-19 duties. Together these doctors will give their advice and share their network with us to make strides



Together with Renscha, the Stellenbosch GP who has been involved for years, Timca will continue her activities.



Eddy Robles

Eddy Robles is the brother of Harold, the cofounder. Eddy has always been involved with activities behind the scenes for the organization but is now also going to be more involved by thinking along with the project plans. Eddy helps with mainly the fundraising projects.



Mr Hans Hueting

Mr. Hans Hueting is the organization's lawyer and makes sure that everything is secured and that matters are properly recorded from a legal perspective. Together with Robert Frans, he looks after the interests of Health Promoters. Robert is a member of the board of Health Promoters Caribbean.

Patrick de Leede

Patrick de Leede was our public relations man until a few years ago. This year he has decided to gladly be part of our team again. Patrick will mainly help us with the PR of some of the activities in the Netherlands.



Lenette van Iren

Lenette cycled literally, passing by and was touched by our Work, being a health scientist. After experiencing the work of the Health Promoters, she immediately became a volunteer to help us further our mission. In 2022/2023 she will be on a world tour with her bicycle and boyfriend, Sven. She will think along from a distance and when back in the Netherlands, we will together look further into her plans for the organization.

Marianne Schippers

Marianne helps the Friends of Health Promoters with the golf tournaments and has been named Golf4Health coordinator. She has the coordinating role during the golf days.



OUR SPECIAL ADVISORS



Patricia Steur



Theo Maijenburgh



Menno Holterman



Kathleen Ferrier





Chairman Mark Agterdenbosch with cofounder

Harold Robles were friends for many years.

THE DREAM THAT WAS ONCE SPOKEN, WE TAKE WITH US AND TOGETHER WE MAKE THAT DREAM COME TRUE





Lesotho project teaching senior Health Promoters.

THE SOUTH AFRICAIN BOARD

In South Africa, a Board of Trustees supports the team, and maintains close contacts with the Netherlands. They are responsible for overseeing the local programs and making sure the beneficiaries are looked after. The South African Board has meetings four times a year with the CEO, George Arrey, Chipo Zininga Programs development officer, and Regina Eggink, the Executive Director in the Netherlands, to discuss strategic plans.



Khutsafalo Malmsey Rangaka Chair



Marlene Van der Merwe Secretary



Ho<mark>njis</mark>wa Conana Boardmember



George Arrey, Honjiswa Conana, Chipo Zininga Regina Eggink, Malmsey Rangaka and Marlene van der Merwe.

THE BOARD OF THE FRIENDS IN THE NETHERLANDS



Mark Agterdenbosch Chairman



Abdoel Harris Treasurer



Anton Verton Secretary

A new Board was set up in 2021. After the death of the Harold, it was important to embrace the mission and vision we laid out in 2019. Mark Agterdenbosch, Abdoel Harris and Anton Verton had all been in contact with Harold for several years and were familiar with the dream of the organization. Mark Agterdenbosch is the Chair of this team, Abdoel Harris the treasurer and Anton Verton, the secretary. In addition, Regina Eggink -Stolk has been appointed executive director of HP in the Netherlands. Regina is in charge of the day-to-day management for the Dutch affairs and is also in daily contact with George Arrey, the CEO in South Africa.

Mark Agterdenbosch helps put the Health Promoters on the map internationally with his network and has contacts all over the world. Anton also has a large network and is active in the golf team in the Netherlands and helps with several other projects. Abdoel also has a large international network and is involved in the setting up of the branch in the Caribbean and intends to give it an international status soon.



EVENTS IN THE NETHERLANDS

In August 2021, the volunteer team was at the market in Oostvoorne selling lottery tickets, bracelets and wine. The draw of this lottery was during the fourth Golf Tournament on September 20. Some 80 people participated in this golf tournament and the event raised 12,000 euros. Some 15 Dutch celebrities also participated. In 2022, the organization hopes to host the fifth event which will be a day of celebration.

The golf tournaments are organized with thanks to:

Marianne Schipper, Anton Verton, Sjoukje Smith-van der Zee, Andy Smith, Abdoel Harris, Mark Agterdenbosch, Marco Matern, Jet Wageveld, Jan Willem van de Berg, Marja Molenaar, Eddy Robles, Robby Robles en Egidius van Dongen.























HEALTH PROMOTERS CARIBBEAN



Abdoel Harris
Interim Chairman



Guy Suverkropp Treasurer



Lyrio Gomez Secretary



Robert Frans Boardmember

On June 19, 2020, cofounder Harold Robles established another Friends of HP Caribbean foundation. This is now being continued by the above individuals. During the incorporation and signing, Harold Robles was a witness via telephone and Abdoel Harris signed as Harold's signing agent.

Abdoel Harris is the interim chair. Abdoel will first help this organization start up and then a new chairman will be appointed since Abdoel now lives in the Netherlands.



THE FRIENDS HP AUSTRALIA

Australia now has a "Friends of the Health Promoters", thanks to Mrs. Tamara Parker. Tamara met our late co-founder, Dr Harold Robles when she was just a little girl and promised to become part of the organization after listening to Harold speak. Today, that promise has been kept. Recently, the foundation-Friends of the Health Promoters Australia was constituted and is up and running with so many beautiful plans to raise awareness and funds for the organization in South Africa. The Health Promoters is delighted to have such a reliable and enthusiastic lady on board, and now has an added reason to believe in their vision to impact the world over through health education.



"It has taken many months of jumping through legal hoops and paperwork but we are pleased to say Friends of the Health Promoters Australia is officially up and running. We're so excited for all the fundraising plans we have set in motion and look forward to seeing how we can make an impact! So far we are selling bracelets through two local businesses, an Aged Care Home and a Skin Clinic, and we have plans to replicate the Golf4Health event from the Netherlands here in Brisbane later this year. Watch this space!" – Tamara Parker (FHP Australia, Chairperson).













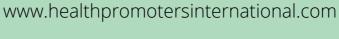


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